People in HIV Care in North Carolina Medical Monitoring Project, 2009-2014

What is the Medical Monitoring Project?

The Medical Monitoring Project (MMP) is designed to learn more about the experiences and needs of people with HIV. It is conducted by state and local health departments along with the Centers for Disease Control and Prevention (CDC). Findings are representative of people living with HIV in North Carolina who are in care.

North Carolina MMP participants represented NC HIV-infected populations

North Carolina MMP Participants were:

- 67% men, 31% women, and 2% transgender
- 41% self-identified as gay or bisexual
- 61% Black/African American, 4% Hispanic/Latino, 29% White/Caucasian, and 6% other race/ethnicities
- 8% homeless*
- 45% at or below the poverty level*
- 10% major depression (in past two weeks)**
- 16% binge drinking (in past 30 days)
- 44% currently smoke cigarettes
- 26% used injection or non-injection drug use*

Our Participants Paid Using*:

- Medicare (26%), private insurance (26%), Medicaid (20%), Ryan White (23%), uninsured (4%), and other insurance (1%)

*In the past 12 months
**Based on Patient Health Questionnaire (PHQ-8)

Clinical outcomes are good for HIV-infected people in care

Clinical and Prevention Outcomes of Medical Monitoring Project Participants in North Carolina, 2009-2014

- One or more CD4 Cell Count*
- Viral Load every 6 months*
- ARV Prescription*
- ARV Adherence-self-reported*
- Durable Viral Suppression*

Prevention

- Condoms
- HIV Prevention Counseling

NHAS 2020 goal: 80%

*Prescription of antiretrovirals (ARVs) documented in medical records; % 100% dose adherence to ARVs in past 3 days (self-reported); % All viral loads in past 12 months undetectable or < 200 copies/mL

Want More Information?

Centers for Disease Control and Prevention (CDC)
Information on the Medical Monitoring Project:
http://www.cdc.gov/hiv/statistics/systems/mmp/

Contact Us

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STD screening among sexually active patients can be improved

STD Screening* among sexually active MMP Participants in North Carolina, 2009-2014

What CLINICIANS can do

Syphilis is increasing rapidly in North Carolina. If your patient is sexually active, your patients about their sexual health. Patients with ongoing STD risk behaviors should be tested regularly for syphilis and other STDs, like gonorrhea and chlamydia. STD prevention is HIV prevention!

Dental Services is the largest unmet need for MMP participants

Met and Unmet Needs for Services for Medical Monitoring Project Participants in North Carolina, 2009-2014

For information on receiving care services, please refer to the AIDS Care Program website:

http://epi.publichealth.nc.gov/cd/hiv/program.html

STD Screening Recommendations for HIV-positive people, CDC 2015 STD Treatment Guidelines: