Table of Contents

I. Introduction I-1

II. Mantoux Tuberculin Skin Testing (TST) and Interferon Gamma Gamma Release Assays (IGRAS)

TST/IGRA limitations.....II-1
Preferred testing table II-1
TST Training..... II-2
A. TST administration II-2
B. Reading.....II-3
C. Interpretation II-3
D. False Negative TST Reactions II-5
E. False Positive TST Reactions.....II-5
F. TST Converters II-5
G. Two-Step TST (Booster Phenomenon).....II-6
H. BCG (Bacille Calmette-Guerin).....II-6
I. Candidates for TST II-7
1. Legal requirements II-7
2. Baseline testing II-7
3. Persons on immunosuppressive drugs II-8
4. Children ≤ 2 yr with new positive TST II-8
5. Pregnant women with new positive TST II-8
6. Homeless shelters II-8
7. Local jails and detox units.....II-9
8. Regulatory/agency policies for staff/residents II-9
9. Refugee notification of arrival: Class A/B II-9
J. Chest x-rays II-10
K. Algorithm: Two-Step TST II-12
L. IGRAS Guidelines II-13
M. QC checklist for TSTs.....II-19
N. Sample standing orders for PPD.....II-20
O. Sample standing orders for IGRA's.....II-24

III. Targeted Testing and Treatment of Latent TB Infection (LTBI)

A. High Priority Candidates for Treatment.....III-1
B. Targeted testing III-2
C. Standards for Managing Latent TB Infection III-2
D. Standard Regimens for HIV-negative Adults ≥ 15 Years of Age III-3
E. Standard Regimens for Inadequately Treated Prior TB III-4
F. Standard Regimens for Infants and Children < 15 Years of Age.....III-4
G. Standard Regimens for Pregnant Women III-5
H. Pyridoxine (B6).....III-6
I. Monitoring III-7
1. Isoniazid.....III-7
2. Rifampin.....III-8
3. INH/Rifapentine.....III-9
J. Closure of Record for Non-Adherence.....III-11
K. Sample Standing Orders for Treatment of LTBI Using INH/rifapentine ..III-12
L. Sample Standing Orders for Treatment of LTBI Using Rifampin.....III-15

M. Sample Standing Orders for Treatment of LTBI Using INH.....III-17
N. INH Hepatotoxicity Flowchart…….....III-22

IV. Diagnosis and Treatment of TB Disease in HIV-negative Individuals

A. Diagnosis..... IV-1
1. History IV-1
2. TST..... IV-1
3. Chest x-ray IV-1
4. Bacteriology..... IV-1
5. Diagnostics for Suspected TB in Children IV-2
B. Treatment IV-2
1. Standards of TB Disease Management..... IV-2
2. Standard Regimen for HIV-negative Adults ≥ 15 yr. with Pulmonary TB IV-4
3. Regimen for HIV-negative Pregnant Women IV-5
4. Regimen for HIV-negative Infants and Children < 15 yr. IV-6
5. Regimen for HIV-negative Non-Pregnant Adults with Smear and Culture Negative Pulmonary TB IV-7
6. Regimens for HIV-negative Adults with Extrapulmonary TB..... IV-7
7. Rifapentine Option for Treating HIV-negative Adults ≥ 18 yr. IV-8
8. Regimen for Treatment of M.bovis and BCG Strain of M.bovis IV-8
C. Drug-Resistant TB IV-9
1. Discussing resistance with TB Medical Consultant IV-9
2. Primary Resistance..... IV-9
3. Acquired Resistance IV-9
4. Regimen for INH Resistance or Intolerance IV-9
5. Regimen for RIF Resistance or Intolerance IV-10
6. Regimen for PZA Resistance or Intolerance IV-10
7. Multi-drug Resistant TB (MDR-TB)……..IV-10
D. Pyridoxine (B6) IV-11
E. Dosing for Adults with Reduced Renal Function on Hemodialysis (creatinine clearance <30ml/min) IV-11
F. Directly Observed Therapy IV-12
G. Monitoring..... IV-13
1. Baseline Evaluation IV-13
2. Follow-Up Monitoring IV-14
H. TB Drug Adverse Reactions IV-16
1. Rash IV-16
2. Nausea/Vomiting and Other GI Distress IV-16
3. Hepatotoxicity IV-17
I. Reintroduction of TB Medication for Hepatotoxicity..... IV-17
J. Suggested Flow Chart for Reintroducing TB Meds for Hepatoxicity IV-18
K. Airborne Precautions and/or Home Isolation..... IV-18
L. Reporting Cases..... IV-19
1. Procedure IV-19
2. Special Situations IV-20
M. HIV Reporting..... IV-22
N. Death Certificates IV-22
O. Patient Non-Adherence IV-22
P. NC Public Health Laws and TB..... IV-23

Q. Incarceration Procedure IV-24
1. Isolation Orders IV-24
2. Arrest Procedure IV-25
3. Dept. of Corrections (DOC) Medical Management IV-25
4. Release from Prison IV-26
5. State Health Law Violator (HLV) Release Letter Procedure IV-26
6. Local Health Department HLV Release from Prison Procedure IV-26
R. Sample TB Treatment Agreement IV-28
S. Sample TB Treatment Agreement (Spanish) IV-29
T. Sample Isolation Order IV-30
U. Sample Isolation Order (Spanish) IV-31
V. Sample Isolation order to Limit Freedom of Movement IV-32
W. Sample Isolation Order to Limit Freedom of Movement (Spanish) IV-34
X. Sample Prison Release Letter IV-36
Y. Community Referral Form - DOC IV-37
Z. First Line TB Drugs (Dosage Chart) IV-39
AA. PZA and EMB Dosing Table IV-39
BB. Common Adverse Reactions to First Line TB Drugs IV-40
CC. Basic Components of TB Disease Management (Chart) IV-41
DD. International Classification System for Tuberculosis IV-43
EE. Tool for Reporting Suspect or Confirmed Cases of TB Within 7 Days IV-44
FF. Sample Standing Orders for Suspect/Confirmed TB Cases IV-45

V. TB and HIV/AIDS
A. Standards of Treatment and Management V-1
B. TST in HIV/AIDS V-2
C. HIV/AIDS Candidates for Treatment of LTBI V-2
D. Chest x-rays for Treatment of LTBI V-2
E. LTBI Treatment Regimens for HIV/AIDS Individuals V-3
1. INH V-3
2. INH plus Rifapentine for three months V-3
3. Alternative regimens for adults with HIV/AIDS
a. RIF for 4 months V-3
b. RIF/PZA V-4
4. Treatment of LTBI in Pregnant Women with HIV/AIDS V-4
5. Monitoring V-5
a. Pre-Treatment Evaluation V-5
b. Monitoring During Treatment V-5
F. TB Disease in HIV/AIDS Individuals V-5
1. Current HIV/AIDS Drugs for Adults ≥ 15 yr V-5
2. Rifabutin and Protease Inhibitors V-6
3. Adding Antiretroviral Drugs to TB Disease Treatment V-6
4. Serum Drug Levels V-6
5. Intermittent vs Daily Treatment V-6
6. Duration of Treatment V-7
7. Regimens for Pregnant Women V-7
8. Regimens for Infants and Children < 15 yr. V-7
9. Regimens for Extrapulmonary TB Disease V-8
10. Regimens for INH Resistance or Intolerance V-8
11. Regimens for RIF Resistance or Intolerance V-8
12. Regimens for PZA Resistance or Intolerance V-9

13. Multi-Drug Resistant TB (MDR-TB) V-9
14. Monitoring V-9
G. Regimens for HIV/AIDS Contacts to Extrapulmonary TB V-9
H. Regimens for HIV/AIDS Contacts to INH Resistant TB Disease V-9
I. Regimens for HIV/AIDS Contacts to INH and RIF Resistant TB Disease (MDR-TB) - Regardless of Antiretroviral Therapy V-9

VI. TB Drugs
A. NC TB Program VI-1
B. Health Department Pharmacy VI-1
C. Drug Information VI-1
1. Purified Protein Derivative (PPD) VI-1
2. Other Available Medications VI-2
D. Ordering Drugs VI-2
E. Common Drug Interactions with Tuberculosis Medications VI-4
F. TB Drug Abbreviations VI-7

VII. Contact Investigation
A. Prioritization of the Contacts VII-1
1. Case Characteristics VII-1
2. Contact Risk Factors VII-1
3. Environmental Factors VII-1
B. Algorithm for Contacts Exposed to Persons with AFB Smear Positive Sputum or Cavitary Tuberculosis VII-2
C. Algorithm for Contacts Exposed to Person with AFB Sputum Smear Negative Non-cavitary tuberculosis VII-3
D. Structuring a Contact Investigation VII-4
E. High-Priority Contacts to Pulmonary, Laryngeal, & Pleural Tuberculosis ... VII-5
F. Contacts to Extrapulmonary TB VII-7
G. Infant Born into Household with Person(s) Having Pulmonary TB Disease VII-7
H. Infant Born to Mother with Hematogenous Spread of TB VII-8
I. Contacts to INH Resistant TB Disease VII-8
J. Contacts to INH and RIF Resistant TB Disease (MDR/XDR) VII-8
K. Correctional Facilities VII-8
L. Contact Investigation by Other Health Care Facility VII-9
M. Documentation VII-9
N. Algorithm for Determining Priority of Contact Investigation VII-10
O. Algorithm: High-Priority Contacts to Infectious Pulmonary TB Cases..... VII-11

VIII. Infection Control
A. Reference for Guidelines for Preventing the Transmission of Mycobacterium Tuberculosis in Health Care Facilities. MMWR December 2006 ..... VIII-1
B. Elements of a Tuberculosis Infection Control Program VIII-1
1. Designated Person Responsible for Program VIII-1
2. A Baseline Risk Assessment VIII-1
3. A Written Tuberculosis Infection Control Policy VIII-1
a. Administrative controls VIII-1
b. Engineering Controls VIII-1
c. Respiratory Protection Controls VIII-1
4. Records and Documentation VIII-2

C. Sample Health Department Tuberculosis Infection Control Policy VIII-2
1. Risk Assessment VIII-2
2. Identification, Evaluation and Treatment of TB VIII-2
3. Management of Suspected or Known Infectious TB Cases VIII-3
4. Respiratory Protection VIII-3
5. Engineering Controls VIII-4
6. HCW Training and Education VIII-4
7. HCW Counseling, Screening and Education VIII-4
D. Sample Risk Worksheet VIII-6
E. Risk Classifications VIII-13

IX. Selected Resources
A. American Lung Association (ALA) Incentive Fund IX-1
B. American Lung Association (ALA) Emergency Housing Fund IX-1
C. American Lung Association (ALA) Emergency Utilities fund IX-2
ALA Incentive Fund Application IX-3
ALA Housing Fund Application Form A IX-4
ALA Housing Agreement Form B IX-5
ALA Emergency Funds for Utilities Form C IX-6
D. NC TB Control - Contact Information IX-7
1. Medical Director Services IX-7
2. Nurse Consultant Services IX-7
3. Map of Nurse Consultant Regions IX-8
E. Charges for Services IX-9
1. TST Fees IX-9
2. Chest x-ray IX-9
3. Third Party Billing IX-9
F. Class A/B Immigrant Protocol IX-10
G. Laboratory Services IX-13
1. State Public Health Laboratory Mycobacteriology IX-13
2. NC Universal Genotyping Program IX-14
3. Private Laboratory Mycobacteriology IX-14
4. Nucleic Acid Amplification Tests for Tuberculosis (NAA Tests) IX-14
5. Sputum Collection Procedure IX-17
6. Sputum Induction Protocol IX-18
7. Gastric Aspiration Procedure IX-19
8. Serum Concentration Levels for TB Drugs IX-20
- Indicators for doing therapeutic drug levels IX-20
- Link to University of Florida Serum Drug Level Protocol IX-21
Link to University of Florida Lab Requisition Form IX-21
9. Link to Mycobacteriology (TB) Lab Requisition Form (DHHS 1247) IX-21
10. Link to Report of Positive (AFB) and/or Positive Culture of M. Tuberculosis (DHHS 3005) IX-21
H. Reporting TB in North Carolina IX-21
I. RVCT Form, Page 1 ..... IX-23
J. RVCT Form, Page 2 ..... IX-24
K. RVCT Form, Page 3 ..... IX-25
L. RVCT Follow-Up 1 Form IX-26
M. RVCT Follow-up 2 Form, Page 1 ..... IX-27
N. RVCT Follow-up 2 Form, Page 2 ..... IX-28

O. Health Education Materials IX-29
1. Materials Available From TB Control Program IX-29
P. Link to Requisition for TB Control Materials IX-29
Q. Link to CDC TB Materials Order Form IX-29
R. New TB Nurse Orientation Checklist IX-30
S. Clinical Pathway for Managing TB Suspects/Cases IX-32
T. NC TB Control Guidelines for the Management of TB Suspects/Cases in Correctional Facilities IX-35
U. NC TB Control Program Hurricane Disaster Plan IX-39
V. Cohort Review Policy and Procedure and form IX-41
W. Video DOT Policy and Procedure IX-46
X. Interjurisdictional Notification Links IX-48

X. Record Management

A. Local Policy and Standing Orders X-1
B. Clinical Records X-1
Links to TB Forms X-1
C. Obtaining Records from Other Providers X-2
Link to Interjurisdictional Form X-3
D. Transferring Records X-3
E. Record Retention X-3

XI. TB-Related Laws

General Statutes

- .....15A-534.5 Detention to Protect Public Health XI-1
- .....90-21.4 Responsibility, Liability and Immunity of Physicians XI-1
- .....90-21.5 Minor's Consent Sufficient for Certain Medical Health Services XI-1
- .....90-85.34A Public Health Pharmacy Practice XI-2
- .....115C-323 Employee Health Certificate (Public School Employee) XI-2
- .....130A-25 Misdemeanor XI-3
- .....130A-134 Reportable Diseases and Conditions XI-4
- .....130A-135 Physicians to Report XI-4
- .....130A-136 School Principals and Child Care Operators to Report XI-4
- .....130A-137 Medical Facilities May Report XI-4
- .....130A-139 Persons in Charge of Laboratories to Report XI-4
- .....130A-140 Local Health Directors to Report XI-5
- .....130A-141 Form, Content and Timing of Reports XI-5
- .....130A-141.l Temporary Order to Report XI-5
- .....130A-142 Immunity of Persons Who Report XI-5
- .....130A-144 Investigation and Control Measures XI-6
- .....130A-145 Quarantine and Isolation Authority XI-7
- .....130A-146 Transportation of Bodies of Persons Who Have Died of a Reportable Disease XI-8
- .....130A-147 Rules of the Commission XI-9
- 153A-225 Medical Care of Prisoners XI-10

North Carolina Administrative Code (Rules)

Day Care Rules - Health and Other Standards for Center Staff
- .....10A NCAC 09.0701 Health Standards for Staff XI-11
- .....10A NCAC 09.0702 Standards for Substitutes and Volunteers XI-11

Subsidized Child Care Rules - Requirements for Non-licensed Child Care Homes
- .....10A NCAC 10.0702 Requirements..... XI-12

Foster Care Rules - Standards for Licensing
- .....10A NCAC 70E.1104 Criteria for the Family..... XI-12

Rules for Licensing of Group Homes for the Developmentally Disabled
- .....10A NCAC 27G.0202 Personnel Requirements XI-14

Rules for the Licensing of Nursing Homes - General Standards of Administration
- .....10A NCAC 13D.2209 Infection Control XI-15

Rules for Adult Assisted Living Homes, Rest Homes
Section .0400 Staff Qualifications
- .....10A NCAC 13F.0406 Test for Tuberculosis XI-16

Section .0700 - Admission and Discharge
- .....10A NCAC 13F.0703 Tuberculosis Test..... XI-16

Licensing of Family Care Homes
Staff Qualifications
- .....10A NCAC 13G.0405 Test for Tuberculosis..... XI-17
- .....10A NCAC 13G.0907 Respite Care XI-18

Home Care Rules
- .....10A NCAC 13J.1003 Licensing of Home Care Agencies - Personnel XI-19

Hospice Rules
- .....10A NCAC 13K.0401 Hospice Licensing Rules - Personnel..... XI-20

Jail Rules (Jails, Local Confinement Facilities
Section .1000 - Health Care of Inmates and Exercise
- .....10A NCAC 14J.1001 Medical Plan..... XI-21
- .....10A NCAC 14J.1002 Health Screening Form..... XI-22
- .....10A NCAC 14J.1003 Medical Isolation..... XI-22

Communicable Disease Rules

Epidemiology Health - Chapter 41, Subchapter 41A - Communicable Disease Control
- .....10A NCAC 41A.0101 Reportable Diseases and Conditions Link..... XI-22
- .....10A NCAC 41A.0102 Method Reporting XI-23
- .....10A NCAC 41A.0103 Duties of Local Health Director: Report Communicable Diseases XI-24

- .....10A NCAC 41A.0104 Release of Communicable Disease Records: Research Purposes XI-25
- .....10A NCAC 41A.0201 Control Measures - General XI-26
- .....10A NCAC 41A .0202 Control Measures-HIV XI-28
- .....10A NCAC 41A.0205 Control Measures - Tuberculosis XI-31
- .....10A NCAC 41A.0206 Infection Control - Health Care Settings XI-32
- .....10A NCAC 41A.0209 Laboratory Testing- Genotyping XI-34
- .....10A NCAC 41A.0210 Duties of Attending Physicians XI-35
- .....10A NCAC 41A.0211 Duties of Other Persons XI-35
- .....10A NCAC 41A.0907 Release of Information XI-35

Subchapter 42B - Laboratory Sections

- .....10A NCAC 42B.0105 Microbiology XI-36

Public Health Services

- .....10A NCAC 46.0201 Mandated Services XI-36
- .....10A NCAC 46.0214 Communicable Disease Control XI-37

Pharmacy Rules

- 21 NCAC 46.2401 Medication in Health Departments XI-38
- 21 NCAC 46.2402 Training of Health Department Nurses XI-39
- 21 NCAC 46.2403 Drugs and Devices to be Dispensed XI-39

Quick Reference for Tuberculin Skin Testing Requirements

1. Legally Required Tuberculin Skin Testing (TST) XI-40
2. TST May Be Required by OSHA or Agency Policy XI-41
3. Other Settings XI-42