NICKEL FACT SHEET North Carolina Division of Public Health • Occupational and Environmental Epidemiology Branch		

Glossary

<u>PEL</u> - The Occupational Health and Safety Administration defines Permissible Exposure Levels (PELs) as threshold levels for the workplace that are applicable to exposure periods of 8 hours.

<u>REL</u> - The National Institute for Occupational Safety and Health defines Recommended Exposure Limit (RELs) as threshold levels for the workplace that are applicable to exposure periods of up to 10 hours a day during a 40 hour workweek.

<u>Time weighted average</u> (TWA) - The maximum average exposure to a hazardous contaminant to which workers may be exposed without experiencing significant adverse health effects over said period.

