



EBOLA MONITORING AND MOVEMENT

D5

N.C. Visitor and Public Venue Log

Why do you need to record your activities?

You need to record your activities because you are currently undergoing monitoring for Ebola by the local health department. In the event that you develop symptoms, the health department will need to quickly identify anyone you may have had contact with since your symptoms began. By recording this information and having it readily available to the local health department, they can quickly identify and contact anyone who may have been exposed to you. It might also be necessary to contact those who were exposed to you before your symptoms began in order to provide information and reassurance.

How do you use this log?

To begin, enter your name below. Then work with your local health department nurse to complete field for your CTID or DGMQ number, your date of last possible exposure and your last date of monitoring. Also complete the 'date' spaces in each of the 21 boxes below. Put an 'X' through each box if that has already passed and you were not under monitoring (for example, if you begin monitoring on DAY 5, put an 'X' through the boxes for DAYS 1, 2, 3, and 4.)

For each day you are under monitoring, record the name of any person who has visited your home. If you are allowed to go to public places, also record any public venues you have visited that day. These types of venues would include such places as shopping centers, movie theaters, restaurants or similar places. You will need to record this information for 21 days following your last possible exposure to Ebola.

Name _____ Date of last possible exposure (Day 0) _____

CTID or DGMQ # _____ Last date of monitoring (Day 21) _____

Record any visitors to your home or public venues visited here:

DAY 1	Date:

DAY 2	Date:	
DAY 3	Date:	
DAY 4	Date:	
DAY 5	Date:	

DAY 6	Date:	
DAY 7	Date:	
DAY 8	Date:	
DAY 9	Date:	

DAY 10	Date:	
DAY 11	Date:	
DAY 12	Date:	
DAY 13	Date:	

DAY 14	Date:	
DAY 15	Date:	
DAY 16	Date:	
DAY 17	Date:	

DAY 18	Date:	
DAY 19	Date:	
DAY 20	Date:	
DAY 21	Date:	