Listeriosis (*Listeria monocytogenes*)

1999 CDC Case Definition

Clinical description

In adults, invasive disease caused by *Listeria monocytogenes* manifests most commonly as meningitis or bacteremia; infection during pregnancy may result in fetal loss through miscarriage or stillbirth, or neonatal meningitis or bacteremia. Other manifestations can also be observed.

Laboratory criteria for diagnosis

A. Isolation of *L. monocytogenes* from a normally sterile site (e.g., blood or cerebrospinal fluid [CSF] or, less commonly, joint, pleural, or pericardial fluid)

B. In the setting of miscarriage or stillbirth, isolation of *L. monocytogenes* from placental or fetal tissue

Case classification

*Confirmed*: A clinically compatible case that is laboratory-confirmed

Comment:

The usefulness of other laboratory methods such as fluorescent antibody testing or polymerase chain reaction to diagnose invasive listeriosis has not been established.