

**North Carolina Division of Public Health Guidance: Personal Protective Equipment (PPE) in Hospital Ebola Isolation Units
Doffing Checklist**

Date: ___/___/_____

Designated Site Monitor Name: _____

Healthcare Personnel Name: _____

Instructions: This checklist is to be completed by the designated site monitor for every healthcare worker that accesses the Ebola isolation patient care area. It is critical that each step be completed correctly and documented. The designated site monitor should also wear the following PPE during the doffing process: 1) Single-use impermeable gown or coverall; 2) Single-use full face shield; 3) Two pair of single-use nitrile examination gloves; the outer pair should have extended cuffs.

Doffing Checklist Item	Description	Step performed appropriately?	If No, or Breach identified, explain	Site Monitor Initials
1. While in patient room: • Hand hygiene on outer gloves • Inspect and wipe PPE • Hand hygiene on outer gloves • Assure designated site monitor is present and engaged	<ul style="list-style-type: none"> • Perform hand hygiene on outer gloves. • Inspect PPE (with buddy, if present) and use an EPA-approved disinfectant wipe to clean PPE. • Perform hand hygiene once more. • Engage the monitor to observe and assist with doffing; only 1 healthcare personnel should exit and doff at a time. 	<input type="checkbox"/> Yes <input type="checkbox"/> No		
2. Step into chlorine bath	Chlorine bath should be used with 1:10 or 0.5% bleach solution and should cover top of boots.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
3. Step to absorbent walk-off mat	Step onto designated walk-off mat, stay in this area for doffing.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
4. Perform hand hygiene on double-gloved hands	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
5. Inspect PPE/wipe visible contamination	All PPE should be inspected for any visible breaches. Document breaches and notify appropriate Occupational Health & Safety personnel per hospital protocol.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Breach identified (explain)		
6. Perform hand hygiene on double-gloved hands	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
7. Remove outer gloves	Use glove-in-glove technique to remove outer gloves. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Doffing Checklist Item	Description	Step performed appropriately?	If No, or Breach identified, explain	Site Monitor Initials
8. Inspect inner gloves	Inspect remaining inner gloves for any visible breaches. <u>If no breaches identified:</u> Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub. <u>If breaches identified:</u> 1) Perform hand hygiene on gloved hands, 2) Remove inner gloves, 3) Perform hand hygiene on bare hands, 4) Don clean gloves	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Breach identified (explain)		
9. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
10. Remove apron	Gently remove and roll from the inside out to avoid contaminating self and environment. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A		
11. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
12. Inspect/wipe visible contamination (especially on torso)	Following apron removal, use EPA-approved disinfectant wipe to wipe down visible contamination, particularly on torso. Dispose of wipe.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Breach identified (explain)		
13. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
14. Remove gown or coverall	<u>Gown:</u> Untie/unfasten, or receive assistance. Avoid contact with scrubs during removal, pull away from body and roll inside out. Only touch inside of gown. Dispose. <u>Coverall:</u> Tilt head back, reach under hood without touching sleeves to head or face. Unzip completely, pull out and away from body and down, then roll inside out. Avoid contact with scrubs. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
15. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
16. Remove face shield	Lean forward, tilt head forward, grab rear strap, pull over head until it falls forward. Do not touch surface of shield. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
17. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
18. Remove surgical hood	Lean forward, pull up and overhead or unfasten to remove, and discard. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
19. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Doffing Checklist Item	Description	Step performed appropriately?	If No, or Breach identified, explain	Site Monitor Initials
20. Inspect/wipe plastic boots	Use EPA-approved disinfectant wipe to wipe down visibly contaminated boots. Dispose of wipe.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A		
21. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
22. Remove inner gloves	Use glove-in-glove technique to remove outer gloves. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
23. Perform hand hygiene on bare hands	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
24. Don clean pair of gloves	Don clean pair of nitrile gloves before removing N95.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
25. Perform hand hygiene on gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
26. Remove N95 respirator	Tilt head forward, grasp bottom strap on back of head, then grasp top strap; remove without touching front of N95. Dispose.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
27. Perform hand hygiene on inner gloves	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
28. Remove inner gloves	Use glove-in-glove technique to remove. Dispose.			
29. Perform hand hygiene on bare hands	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
30. Inspect healthcare personnel	Inspect healthcare worker for any visible contamination or breaches.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Breach identified (explain)		
31. Remove boots	While sitting down, pull off one boot at a time, keeping the boots in the contaminated section of the doffing area. Once removed from boots, feet should be placed and remain in the clean section of the doffing area.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
32. Perform hand hygiene on bare hands	Use soap and water, EPA-approved disinfectant wipe, or alcohol-based hand rub.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
33. Put on shoes, change scrubs, and shower	Healthcare worker should put on shoes, change out of current scrubs, shower and don clean scrubs or clothes.	<input type="checkbox"/> Yes <input type="checkbox"/> No		
34. Rehydrate/replenish	Assure nutrition and hydration of healthcare worker.	<input type="checkbox"/> Yes <input type="checkbox"/> No		