

# Calling all Creative Kids!

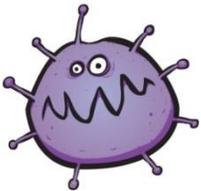
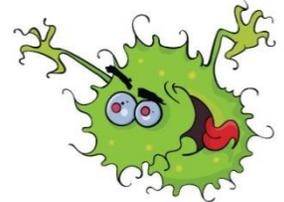
## 2016 NC Get Smart Artwork Competition

**Draw a picture, design a poster, or write a story about staying healthy!**

The North Carolina Get Smart Campaign invites children in pre-K to 8<sup>th</sup> grade to help build the national campaign to get rid of germs and be healthy. This means ideas like washing your hands (to wash away germs), getting vaccines or “shots” (to prevent illnesses), and using medicines called antibiotics appropriately (to fight bacterial infections).

Here are a few ideas for the competition:

- Draw icky germs on dirty hands.
- Make a poster with tips for what to do if someone coughs on your toy.
- Write about a classroom where you are sharing books and toys, when one day, your best friend gets sick. What happens? Does she or he go to the nurse? Do you wash your hands?
- Make a drawing of yourself getting a flu vaccine.
- Show examples of children sick with germs that don't need antibiotics—like colds or the flu. They need a box of tissues and lots to drink but no antibiotics.
- Design a comic book of everything germ-y you might touch in a day.
- Write a poem about how vaccines help keep you healthy.
- Create a germ-fighting hero who uses soap, water, and vaccines to fight off germs.



The deadline for submission is **October 21, 2016**.

There will be 2 winners from each age group. Each winner's artwork will be used as a poster to promote the NC Get Smart Campaign. Posters will be displayed in clinician offices. All entries will be displayed on the NC Get Smart website.

For guidelines, information, and where to submit your entries, visit

<http://epi.publichealth.nc.gov/cd/antibiotics/campaign.html>.



## 2016 NC Get Smart Kids' Artwork Competition Guidelines

Dear Parents or Legal Guardians,

Please read the contest rules and consent form below carefully. If you wish to allow your child to submit an entry, please complete and sign the consent form. Entries can be submitted by email or mail. If you use mail, please include the consent form. For more information, please visit our website at (<http://epi.publichealth.nc.gov/cd/antibiotics/campaign.html>).

Submit the entry and consent form  
via email or mail  
[nchai@dhhs.nc.gov](mailto:nchai@dhhs.nc.gov)

or

Mailing Address  
Kristin Pridgen, NC DPH  
1902 Mail Service Center  
Raleigh, NC 27699-1902

The deadline for submission is **October 21, 2016, at 11:59PM**. Winners will be notified by telephone by November 7, 2016. The top three entries in each age group will be awarded a prize.

If you have any questions, please contact us by email at [nchai@dhhs.nc.gov](mailto:nchai@dhhs.nc.gov) or by telephone at 919-546-1649.



### Get Smart Competition Contest Guidelines

1. Entries will be judged by school grade groups: pre-K – 2<sup>nd</sup>, 3<sup>rd</sup> – 5<sup>th</sup>, 6<sup>th</sup> – 8<sup>th</sup>.
2. Only one entry per child is allowed.
3. Each submission must follow at least one of the following themes:
  - a. Importance of proper hand washing
  - b. Importance of vaccines
  - c. Knowing when NOT to use antibiotics (Hint: common colds)
4. Submission types and guidelines:
  - a. Drawings
  - b. Informational poster, story, or poem
    - i. Posters must fit on a standard paper size (8.5" x 11") and provide a meaningful message based on one of the themes above.
    - ii. Stories and poems cannot exceed 250 words. They can be a recollection of a personal experience or fictional, also based on one of the themes above.
5. Submissions may be drawn, written by hand, or created using a computer program. All images must be original.
6. Entries must be an original work of the contestant.
7. Most importantly, be creative!





## 2016 NC Get Smart Kids' Artwork Competition Consent Form

Full name of parent or legal guardian: \_\_\_\_\_

Child's full name (contestant): \_\_\_\_\_

Date of birth (MM/DD/YY): \_\_\_\_\_

Grade level: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Child is enrolled in a child care center  No  Yes [Name of Center \_\_\_\_\_]

Child is enrolled in a school  No  Yes [Name of the school \_\_\_\_\_]

By checking this box:

1. The contestant has my consent and permission to enter and participate in the 2016 NC Get Smart Competition.
2. I acknowledge that I have read and understood the attached contest rules. The contestant and I will comply with these contest rules.
3. I allow the contestant's first name, age, grade level and entry to be displayed on the program's website (<http://epi.publichealth.nc.gov/cd/antibiotics/campaign.html>) and to be used during the annual National Get Smart Week (November 14-20.)

After the competition, I would like to provide feedback to improve future competitions by receiving a survey to fill out. (Optional, but would be appreciated!)

### Parent or legal guardian contact information

Street address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_\_  
Signature of parent or legal guardian

\_\_\_\_\_  
Date signed

Privacy Statement: Any personal information provided while participating in this competition or feedback survey will be kept confidential and will not be used, sold or otherwise distributed to third parties.

